

DIXON SENIOR CALENDAR

NOVEMBER 2024

SENIOR/MULTI-USE CENTER
201 S. FIFTH STREET DIXON, CA 95620
HOURS: MONDAY - FRIDAY, 9 A.M. - 2:30 P.M.
OFFICE PHONE: (707)678-7022



CHAIR YOGA CLASS
Mondays & Thursdays

No class Nov. 11-21

10:30 - 11:30 am

First Class is FREE

10 Class Pass - \$95

5 Class Pass - \$50

The instructor is
Yae Kuroda.

Participants may sit in a
chair or stand.



**READI-RIDE HOLIDAY
LIGHTS TOUR**

**More info to come
next month.**



*The Senior Multi-Use
Center will be closed
Monday, November 11,
in observance of
Veteran's Day and
Thursday & Friday,
November 28 & 29, for
the Thanksgiving holiday.*



Happy Thanksgiving

**SENIOR CENTER CLOSED
FOR ACTIVITIES ON
TUESDAY, NOVEMBER 5**

The Senior/Multi-Use
Center will be closed for
activities on Tuesday,
November 5, as it will
be used as curbside and in
person polling place.



**ANNUAL SENIOR CLUB
HOLIDAY LUNCHEON
TICKETS ON SALE NOW!**

Friday, December 6
Doors open at 11 am
Lunch served at 11:30 am
\$20 per Club member;
\$25 per non-Club
member.

Join us and enjoy a
catered lunch and an
afternoon of holiday
cheer. There will be
afternoon
entertainment so please
come join us. Tickets are
available now through
Wednesday, Nov. 27.
See page 7 for details.

DIXON SENIOR CLUB INFORMATION

SENIOR CLUB BOARD MEETING

The monthly Senior Club Board Meeting will be held on Tuesday, November 12 at 11:00am

SENIOR CLUB DUES ARE DUE IN JANUARY

Annual dues are \$10 per person and are due each January. Members who have not renewed their membership by March 31 will be asked to pay \$12.



If you're a returning member, please update your phone number, address, and **EMAIL** with us so we can update our membership directory. Membership information will **ONLY** be used by the Dixon Senior Club and not given to any third party.



ALL ABOUT THE DIXON SENIOR CLUB

The Dixon Senior Club values and appreciates your support. As always, you do not have to be a member of the Dixon Senior Club to participate in activities at the Dixon Senior/Multi-Use Center. But, if you do become a member, your dues help pay for refreshments, special activities, potluck supplies, and more.

Being a member of the Club is a great way to meet new friends and take part in all the activities offered at the Senior Center. If you're a member of the Senior Club currently, **THANK YOU!** If you're not, won't you please consider being a part of this important Organization?!



DROP-IN SENIOR TECHNOLOGY HELP & LIBRARY SERVICES

Want to read e-books but don't know how? Drop in! Just got an iPhone and need help making it work? Bring it on in! Need an email address and don't know where to start? We're here for you.

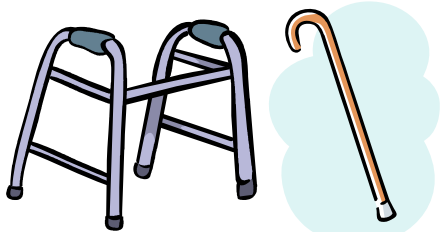
**NOVEMBER 12th
1PM-3PM**

**BRING IN YOUR DEVICE
AND GET TECH HELP AT
THE DIXON
SENIOR/ MULTI-USE
CENTER**

Offered 2nd Tuesday of
each month



MEDICAL EQUIPMENT



Some medical equipment is available at the Center for free rental. We have canes, walkers, shower seats, and other equipment that may be used by Dixon seniors. Call 678-7022 for more information or equipment availability.



SOCIAL SECURITY

Most inquiries and many problems can be handled over the phone by calling 1-800-SSA-1213, toll free, 7:00 a.m. - 7:00 p.m.

SOLANO COUNTY VACCINE INFORMATION & RESOURCES

visit

www.solanocounty.com/covidvaccine or call us at 707-784-8655.



CALL 678-5020
TO RESERVE YOUR RIDE
DIXON READ-RIDE
678-5020

Provides rides within Dixon city limits. Discounted tickets, available for seniors riding to and from the Center, are available at the Senior/Multi-Use Center. Dixon Read-Ride operates Monday-Friday, 7 a.m. - 5 p.m. (excluding major holidays). The fare for a Senior (62 & older)/disabled passenger is \$2.25 or a day pass for \$4.50.

GOLDEN PASS PROGRAM

Dixon Seniors Age 80 & up can receive a Golden Pass for a free ride for local trips only. All rides must be within City limits and can happen anytime. Read-Ride is available and open. For more information contact Dixon Read-Ride at 678-5020 or Transit Supervisor, Vicki Jacobs, at 678-7442.

MEALS ON WHEELS OF SOLANO COUNTY



Meals on Wheels offers home delivered meals to Seniors age 60 & older. Deliveries are made Wednesday & Friday 10:00 a.m. - 1:00 p.m.

**For more information call
707-425-0638.**

CONGREGATE DINING IS BACK AT THE SENIOR CENTER!

We are excited to work with **Innovative Health Solutions** to provide healthy & nutritious lunches at the Senior Center at **11:30am every Tuesday & Thursday**

Sign-up by calling **(707) 684-4376** so proper portions are cooked. There is a suggested donation of \$4 per meal

ONGOING ACTIVITIES

BINGO

Mondays

12:00-2:00 p.m.

The cost is a nickel per card, per game and all adults are welcome.

We are need of bingo callers as well.



LINE DANCE

EXERCISE CLASS

Join this fun class anytime! Instructors are Joan Giannoni and Sandy Newell. Learn steps and dance to a variety of music all while getting exercise. Tuesdays & Thursdays at 9 a.m.



Learn sewing and craft skills at this informal group.

All are welcome.

MONDAYS, 10 - 11:30 am
in the Arts & Crafts Room



THE OUT TO LUNCH BUNCH

The Out to Lunch Bunch will be going to

La Cocina

on Friday, November 8.

Please meet us there.

A sign up sheet is located on the bulletin board at the Center.



The pools closed for the season starting October 27. We will resume in the spring.



NOVEMBER BIRTHDAYS

Marlene Vega (4)

Louise Wright (5)

Daniel Ferrick (6)

Carol Marshall(8)

Teri Reynolds (9)

Garry King (18)

Brenda Carpenter (19)

Angela Remides (20)

Deborah Coffelt (26)

Numbers in () signify birthday day.



PUZZLE & BOOK LIBRARY

Did you know we loan out puzzles and books for you to take home and enjoy? We're always getting new donations of used books and puzzles to share. Stop by the Center and see what's available.



Bienvenido

**GRUPO HISPANICO
(HISPANIC GROUP)**

Wednesdays at 10 a.m.

Talk about
current events, play
loteria, and just enjoy the
company of friends.



**LOW IMPACT
FITNESS CLASS**

Tuesdays

No class

November 5, 11-21

10:30 - 11:30 a.m.

First Class is FREE

10 Class Pass - \$95

5 Class Pass - \$50

Low impact sitting and
standing workouts.

Improve strength,
balance and more.



**DAYLIGHT SAVINGS
TIME ENDS
REMEMBER TO
FALL BACK**

Turn your clock back one
hour before you go to bed
on Saturday, November 3.



**CHRISTMAS WREATH (or
DECORATION)
HALLWAY DISPLAY**

If you have a Christmas
wreath or decoration you
could share with us for the
month of December please
drop it by the
Center office. We would
like to get enough
Christmas wreaths/
decorations to
decorate the Senior Center
for the holidays. All items
must be ready to hang.



**CHRISTMAS CANDY
BINGO**

Monday, December 23
At 12 noon

Bring a bag of your
favorite Christmas
candies. **Candies must be
individually wrapped.**
Chocolate kisses, peanut
butter cups, rolos, mini
chocolate bars and
peppermints are all ideas.
The winner of each game
wins the money pot and
the candy pot.
More info next month.

BUNCO PARTY

Tuesday, November 19
10:00 a.m.

\$2 per person

Sign up at the Center.

SENIOR RESOURCE FAIR

Thanks to everyone who
made this years Resource
Fair a huge success. The
next Resource Fair will be
held in Fall of 2025

Senior Activities - November 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Turn your clock back tonight! 
3	4 Busy Bee's Crafts Chair Yoga Bingo	5 	6 Senior Fitness Grupo Hispanico Lunch 11:30a	7 Line Dancing Chair Yoga Lunch 11:30a	8 Out to Lunch Bunch La Cocina	9
10	11 HOLIDAY Center is closed. 	12 Line Dancing Tech Help Senior Club Meeting 11a Lunch 11:30a	13 Grupo Hispanico	14 Line Dancing Chair Yoga Lunch 11:30a	15	16
17	18 Busy Bee's Crafts Bingo	19 Line Dancing Bunco Lunch 11:30a	20 Grupo Hispanico	21 Line Dancing Lunch 11:30a	22 Chair Yoga	23
24	25 Busy Bee's Crafts Chair Yoga Bingo	26 Line Dancing Senior Fitness Lunch 11:30a	27 Grupo Hispanico	28 HOLIDAY Center is closed.	29 HOLIDAY Center is closed.	30



DIXON SENIOR CLUB'S ANNUAL



Holiday Luncheon

JOIN US FOR A DAY OF SPECTACULAR CHEER.
ENJOY A TRADITIONAL CATERED LUNCH
AND ENTERTAINMENT.

- **Friday, December 6, 2024**
at the Senior/Multi-Use Center

11:00 AM DOORS OPEN
11:30 AM LUNCH SERVED
12:00 PM ENTERTAINMENT BEGINS

**THE AFTERNOON'S ENTERTAINMENT WILL
BE EXCITING SO COME CHECK IT OUT**

- \$20 PER PERSON FOR MEMBERS
\$25 PER PERSON FOR NON-MEMBERS

PURCHASE TICKETS BY **WEDNESDAY,
NOVEMBER 27** AT THE SENIOR/MULTI-USE
CENTER.

TICKETS MUST BE PURCHASED IN
ADVANCE, TICKETS WILL NOT BE
SOLD AT THE DOOR.

See you there!