

# DIXON SENIOR CALENDAR

# APRIL 2025



**SENIOR/MULTI-USE CENTER**  
**201 S. FIFTH STREET DIXON, CA 95620**  
**OFFICE PHONE: (707)678-7022**  
**HOURS: MONDAY - FRIDAY, 9:00 A.M. - 2:30 P.M.**



## Dixon Senior Club Indoor Garage Sale

Come out on **April 26**  
**9:00am-12:00pm** to the  
Senior/Multi-Use Center  
where you can browse a  
variety of items for sale  
from our community  
members.



## ADULT FITNESS CLASS

Tuesdays  
10:30 - 11:30 a.m.  
First Class is FREE  
10 Class Pass - \$95  
5 Class Pass - \$50  
Low impact sitting and  
standing workouts.

**THANK YOU TO THE  
DIXON ROTARY CLUB**  
MANY MANY THANKS  
to the Dixon Rotary Club  
for hosting another  
wonderful St. Patrick's  
Lunch and Celebration!



## BUSY BEE'S SEWING & CRAFTS CIRCLE

MONDAYS  
at 10:00 a.m.  
**Sew, Craft and Chat!**



## SENIOR EASTER EGG HUNT

*See page 4 for more info.*



## LINE DANCING CLASS

Tuesdays & Thursdays  
at 9am

Join this fun class  
anytime! Learn steps  
and dance to a variety  
of music all while  
getting exercise.



## ADULT LAP SWIM

Tuesdays & Thursdays  
5:30 a.m. - 7:00 a.m.  
Saturdays & Sundays  
8:00 a.m. - 10:00 a.m.  
Punch Card (Good for 20  
Visits) - \$80.25 adults;  
\$64.75 senior (55+)  
Single Visit Fee - \$5.50;  
\$4.50 per senior (55+)  
Register at the pool  
before workouts.



### **BUNCO**

Tuesday, April 15

10:00 a.m.

\$2 per person

Please call the office or stop by the Senior Center to sign up.

*Bienvenido*

### **GRUPO HISPANICO (HISPANIC GROUP)**

Wednesdays at 10 am.

Talk about current events, play loteria, and just enjoy the company of friends.

### **NEED A RIDE TO THE SENIOR CENTER?**

**The Dixon Senior Club offers reduced price REDI-RIDE passes to and from the Senior Center. \$10 for 20 rides**

**Passes available at the Senior Center**

### **BINGO**

Mondays  
at 12 noon.

The cost is a nickel per card, per game and all adults are welcome.

### **CHAIR YOGA CLASS**

Mondays & Thursdays  
10:30 - 11:30 a.m.

First Class is FREE  
10 Class Pass - \$95  
5 Class Pass - \$50

Passes do not expire and can be purchased at class. The instructor is Yae Kuroda. Participants may sit in a chair or stand.



### **PUZZLE & BOOK LIBRARY**

Did you know we loan out puzzles and books for you to take home and enjoy? We're always getting new donations of used books and puzzles to share. Stop by the Center and see what's available.

## **CONGREGATE DINING IS BACK AT THE SENIOR CENTER!**

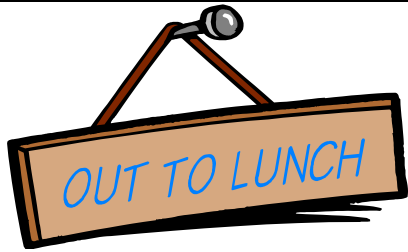
We are excited to work with **Innovative Health Solutions** to provide healthy & nutritious lunches at the Senior Center **at 11:30am every Tuesday & Thursday**

Sign-up by calling **(707) 684-4376** so proper portions are cooked. There is a suggested donation of \$4 per meal



Meals on Wheels offers home delivered meals to Seniors age 60 & older. Deliveries are made Wednesday & Friday 10:00 a.m. - 1:00 p.m.

**For more information call 707-425-0638.**



## THE OUT TO LUNCH BUNCH

The Out to Lunch Bunch will be

### Dawson's

Friday, April 11  
at 11:30 a.m.

Please call the office or stop by the Senior Center to sign up.

## DIXON SENIOR CLUB MEMBERSHIP

If you would like to sign up to be a new member of the Dixon Senior Club or renew your membership, dues (\$10 per person) for 2024 will be collected through April. For more information about Dixon Senior Club membership call (707) 678-7022

## DIXON SENIOR CLUB MEMBERSHIP continued

If you're a returning member, please update your address and phone number with us so we can update our membership directory. New members will be asked to complete a short form during the sign up process.

*Dues can be paid at the Senior/Multi-Use Center during regular business hours, M-F from 9am to 2:30pm or can be mailed to the following address:*

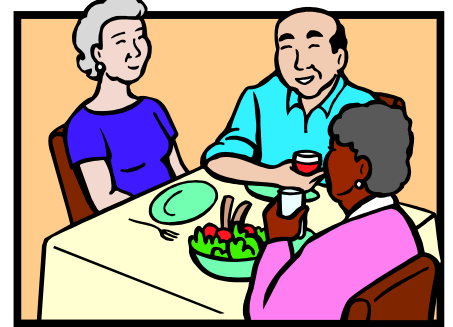
*Dixon Senior Club  
c/o Dixon Senior/  
Multi-Use Center  
201 S. 5th Street  
Dixon, CA 95620*

The Dixon Senior Club Board is also recruiting new board members. If you're interested in becoming a Dixon Senior Club Board Member call Dixon Senior Center (707) 678-7022



## CALLING ALL SENIORS!

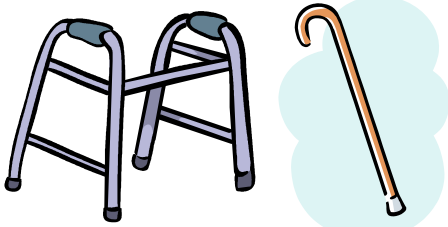
We are looking for people who may be interested in starting a class or group at the Senior Center. Anyone interested in teaching a cooking class, starting a group that plays card games, or have ideas about other activities, please stop by the Senior Center



## SENIOR CENTER NEWSLETTER

If you would like the Senior Calendar emailed to you please sign up in the office.

## MEDICAL EQUIPMENT



Some medical equipment is available at the Center for free rental. We have canes, walkers, shower seats, and other equipment that may be used by Dixon seniors. Call 678-7022 for more information or equipment availability.



## SOCIAL SECURITY

Most inquiries and many problems can be handled over the phone by calling 1-800-SSA-1213, toll free, 7:00 a.m. - 7:00 p.m.



CALL 678-5020  
TO RESERVE YOUR RIDE

## DIXON READI-RIDE

678-5020

Provides rides within Dixon city limits. Discounted tickets, available for seniors riding to and from the Center, are available at the Senior/Multi-Use Center. Dixon Readi-Ride operates Monday-Friday, 7 a.m. - 5 p.m. (excluding major holidays). The fare for a Senior (62 & older)/disabled passenger is \$2.25 or a day pass for \$4.50.

## GOLDEN PASS PROGRAM

Dixon Seniors Age 80 & up can receive a Golden Pass for a free ride for local trips only. All rides must be within City limits and can happen anytime. Readi-Ride is available and open. For more information contact Dixon Readi-Ride at 678-5020 or Transit Supervisor, Vicki Jacobs, at 678-7442.

## APRIL BIRTHDAYS

Sally Klein (1)  
Jamie Meville (2)  
Ralph Ladd (7)  
Jennifer Nease (8)  
Julia Moore (11)  
Cheryl Hughes (25)  
Phyllis Nixon (27)  
Ray McCluskey (27)  
Julio Reis (29)

Numbers in ( ) signify birthday day.



## SENIOR EASTER EGG HUNT

Hop on over to the Center weekdays, April 1-5, to participate in your favorite activity. If you happen to see an Easter egg, crack it open and see what's inside. You never know what you will find.

# DIXON SENIOR CLUB INDOOR GARAGE SALE



**\*\*\*Saturday, April 26, 2025\*\*\*  
9:00am—12:00pm**

The Dixon Senior Citizens Club is sponsoring an indoor garage sale. Now is the time to get rid of some of that extra stuff we all have around our homes. Any senior citizen interested in renting a table, either half a table (4' x 30") for \$5 or a full table (8' x 30") for \$10 can do so. Space is limited.

No furniture is allowed. The items you are selling must fit within your table area. You must take any left over merchandise home with you. You are responsible for your own items, table area and money.



**Please call  
Pam Franklin,  
at (916) 390-3484**

More information and conditions available for those interested in renting a table.  
Must reserve table by 4/18

# Senior Activities - April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> <i>Line Dancing</i>  <i>Adult Fitness</i> <i>Lap Swim</i> <b>Lunch 11:30a</b>	<b>2</b> Grupo Hispanico	<b>3</b> <i>Line Dancing</i>  <i>Chair Yoga</i> <i>Lap Swim</i>  <b>Lunch 11:30a</b>	<b>4</b>	<b>5</b> <i>Lap Swim</i>
<b>6</b> <i>Lap Swim</i>	<b>7</b> <i>Busy Bee's Crafts</i> <i>Chair Yoga</i> <i>Bingo</i>	<b>8</b> <i>Line Dancing</i> <i>Lap Swim</i> Senior Tech Help <i>Adult Fitness</i> <b>Lunch 11:30a</b>	<b>9</b> Grupo Hispanico	<b>10</b> <i>Line Dancing</i>  <i>Chair Yoga</i> <i>Lap Swim</i>  <b>Lunch 11:30a</b>	<b>11</b> <i>Out to Lunch Bunch</i> <b>DAWSON'S</b>	<b>12</b> <i>Lap Swim</i>
<b>13</b> <i>Lap Swim</i>	<b>14</b> <i>Busy Bee's Crafts</i> <i>Chair Yoga</i> <i>Bingo</i>	<b>15</b> <i>Line Dancing</i> <i>Lap Swim</i> <i>Adult Fitness</i>  <b>Lunch 11:30a</b>	<b>16</b> Grupo Hispanico	<b>17</b> <i>Line Dancing</i>  <i>Chair Yoga</i>  <i>Lap Swim</i> <b>Lunch 11:30a</b>	<b>18</b>	<b>19</b> <i>Lap Swim</i>
<b>20</b> <i>Lap Swim</i>	<b>21</b> <i>Busy Bee's Crafts</i> <i>Chair Yoga</i> <i>Bingo</i>	<b>22</b> <i>Line Dancing</i> <i>Lap Swim</i> <i>Bunco</i> <i>Adult Fitness</i> <b>Lunch 11:30a</b>	<b>23</b> Grupo Hispanico	<b>24</b> <i>Line Dancing</i>  <i>Chair Yoga</i>  <i>Lap Swim</i> <b>Lunch 11:30a</b>	<b>25</b>	<b>26</b> <i>Lap Swim</i>
<b>27</b> <i>Lap Swim</i>	<b>28</b> <i>Busy Bee's Crafts</i> <i>Chair Yoga</i> <i>Bingo</i>	<b>29</b> <i>Line Dancing</i> <i>Lap Swim</i> <i>Bunco</i> <i>Adult Fitness</i> <b>Lunch 11:30a</b>	<b>30</b> Grupo Hispanico	<b>31</b> <i>Line Dancing</i>  <i>Chair Yoga</i>  <i>Lap Swim</i> <b>Lunch 11:30a</b>		