

DIXON SENIOR CALENDAR

MARCH 2025



SENIOR/MULTI-USE CENTER
201 S. FIFTH STREET DIXON, CA 95620
OFFICE PHONE: (707)678-7022
HOURS: MONDAY - FRIDAY, 9:00 A.M. - 2:30 P.M.



DROP-IN SENIOR TECHNOLOGY HELP & LIBRARY SERVICES

March 11
1PM-2:30PM



BRING IN YOUR DEVICE
AND GET TECH HELP AT
THE DIXON
SENIOR/ MULTI-USE
CENTER

Offered 2nd Tuesday of
each month

ST. PATRICK'S LUNCH & CELEBRATION SPONSORED BY THE DIXON ROTARY CLUB



Monday, March 17
at 11:30 a.m.
At the Senior Center
Lunch is \$3 per person.
You must sign up and pay
by Friday, March 14.
The menu will include the
traditional corned beef
and cabbage, potatoes,
carrots and dessert.
Bingo will be played after
lunch. Join us for great
food and lots of fun!

BUSY BEE'S SEWING & CRAFTS CIRCLE



MONDAYS
10:00 - 11:00 a.m.
Craft and Chat!

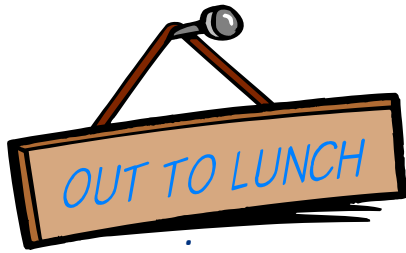
LINE DANCING CLASS
Tuesdays & Thursdays
at 9am

Join this fun class
anytime! Learn steps
and dance to a variety
of music all while
getting exercise.

ADULT LAP SWIM

Begins March 11
Tuesday, Thursday
5:30 - 7:00 a.m.

Saturday & Sunday
8:00 - 10:00 a.m.



THE OUT TO LUNCH BUNCH

The Out to Lunch Bunch will be going to

La Cocina



Friday, March 14
at 11:30 a.m.

Please call the office or stop by the Senior Center to sign up.

DIXON SENIOR CLUB MEMBERSHIP

If you would like to sign up to be a new member of the Dixon Senior Club or renew your membership, dues (\$10 per person) for 2025 will be collected through March. For more information about Dixon Senior Club membership call (707) 678-7022

ALL ABOUT THE DIXON SENIOR CLUB

The Dixon Senior Club values and appreciates your support. As always, you do not have to be a member of the Dixon Senior Club to participate in activities at the Dixon Senior/Multi-Use Center. But, if you do become a member, your dues help pay for refreshments, special activities, potluck supplies, and more. Being a member of the Club is a great way to meet new friends and take part in all the activities offered at the Senior Center. If you're a member of the Senior Club currently, **THANK YOU!** If you're not, won't you please consider being a part of this important Organization?



BINGO

Mondays
at 12 noon.

The cost is a nickel per card, per game and all adults are welcome.



CHAIR YOGA CLASS

10:30 - 11:30am

Mondays & Thursdays

No Class until March 19

First Class is FREE

10 Class Pass - \$95

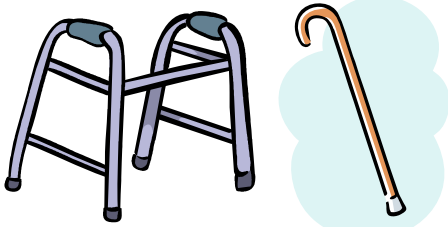
5 Class Pass - \$50

Participants may sit in a chair or stand.

CALLING ALL SENIORS!

We are looking for people who may be interested in starting a class or group at the Senior Center. Anyone interested in teaching a cooking class, starting a group that plays card games, or have ideas about other activities, please stop by the Senior Center

MEDICAL EQUIPMENT



Some medical equipment is available at the Center for free rental. We have canes, walkers, shower seats, and other equipment that may be used by Dixon seniors. Call 678-7022 for more information or equipment availability.



SOCIAL SECURITY

Most inquiries and many problems can be handled over the phone by calling 1-800-SSA-1213, toll free, 7:00 a.m. - 7:00 p.m.



CALL 678-5020
TO RESERVE YOUR RIDE

DIXON READI-RIDE

678-5020

Provides rides within Dixon city limits. Discounted tickets, available for seniors riding to and from the Center, are available at the Senior/Multi-Use Center. Dixon Read-Ride operates Monday-Friday, 7 a.m. - 5 p.m. (excluding major holidays). The fare for a Senior (62 & older)/disabled passenger is \$2.25 or a day pass for \$4.50.

SENIOR CLUB MEETING

March 11, 2025
11am-12:00 noon
At the Center
Meets the 2nd Tuesday of each month



CONGREGATE DINING IS BACK AT THE SENIOR CENTER!

We are excited to work with **Innovative Health Solutions** to provide healthy & nutritious lunches at the Senior Center at **11:30am every Tuesday & Thursday**

Sign-up by calling **(707) 684-4376** so proper portions are cooked. There is a suggested donation of \$4 per meal



Meals on Wheels offers home delivered meals to Seniors age 60 & older. Deliveries are made Wednesday & Friday 10:00 a.m. - 1:00 p.m. **For more information call 707-425-0638.**

Bienvenido

**GRUPO HISPANICO
(HISPANIC GROUP)**

Wednesdays at 10 am.
Talk about
current events, play
loteria, and just enjoy the
company of friends.



**DAYLIGHT SAVINGS
TIME BEGINS**

Don't forget to turn your
clock forward 1 hour on
Saturday night, March 8.



BUNCO

Tuesday, March 19
10:00am
\$2 per person
Sign up at the Center.



**SENIOR CENTER
NEWSLETTER**

If you would like the
Senior Calendar emailed
to you please sign up with
Austin in the office.

**PUZZLE & BOOK
LIBRARY**

Did you know we loan out
puzzles and books for you
to take home and enjoy?
We're always getting new
donations of used books
and puzzles to share. Stop
by the Center and see
what's available.

MARCH BIRTHDAYS

- Marcia Boyd (3)
- Eileen Wilson (4)
- Mary Blevins (5)
- Arlene Gaulke (6)
- Kitty Lockwood (7)
- Beatriz Esquivel (8)
- Maxine Wakefield (9)
- Kathy Tichy (10)
- Peggy Beebe (16)
- Stan Hales (16)
- Mary Lee Fitzpatrick (20)
- Leah Barrett (22)
- Diane Hales (24)
- Pam Franklin (25)
- Lilia Galvan (30)

Numbers in () signify
birthday day.



FITNESS CLASS

Tuesdays
No Class until March 25
10:30 - 11:30am
First Class is FREE
10 Class Pass - \$75
5 Class Pass - \$40
Low impact sitting and
standing workouts.
Improve strength,
balance and more.

DIXON SENIOR CLUB INDOOR GARAGE SALE



**Saturday, April 12, 2025
9:00am—12:00pm**

The Dixon Senior Citizens Club is sponsoring an indoor garage sale. Now is the time to get rid of some of that extra stuff we all have around our homes. Any senior citizen interested in renting a table, either half a table (4' x 30") for \$5 or a full table (8' x 30") for \$10 can do so. Space is limited.

No furniture is allowed. The items you are selling must fit within your table area. You must take any left over merchandise home with you. You are responsible for your own items, table area and money.



**Please call
Pam Franklin,
at (916) 390-3484**

More information and conditions available for those interested in renting a table.
Must reserve table by 4/4

Senior Activities - March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 <i>Pickleball</i>
2	3 Busy Bee's Crafts Bingo	4 Line Dancing Lunch 11:30a	5 Grupo Hispanico	6 Line Dancing Lunch 11:30a	7	8
9 	10 Busy Bee's Crafts Bingo	11 Line Dancing Lap Swim Senior Club Meeting Senior Tech Help Lunch 11:30a	12 Grupo Hispanico	13 Line Dancing Lap Swim Lunch 11:30a	14 <i>Out to Lunch Bunch</i> <i>La Cocina</i>	15 Lap Swim
16 Lap Swim	17 Busy Bee's <i>St. Patrick's Lunch</i> <i>Bingo</i>	18 Line Dancing Bunco Lap Swim Lunch 11:30a	19 Grupo Hispanico Chair Yoga	20 Line Dancing Lap Swim Chair Yoga Lunch 11:30a	21	22 Lap Swim
23/30 Lap Swim	24/31 Busy Bee's Crafts Chair Yoga Bingo	25 Line Dancing Senior Fitness Lap Swim Lunch 11:30a	26 Grupo Hispanico	27 Line Dancing Chair Yoga Lap Swim Lunch 11:30a	28	29 Lap Swim