

DIXON SENIOR CALENDAR

November 2026

SENIOR/MULTI-USE CENTER
201 S. FIFTH STREET DIXON, CA 95620
OFFICE PHONE: (707) 678-7022

HOURS: MONDAY - FRIDAY, 9:00 A.M. - 2:30 P.M.



TAI CHI FITNESS CLASS

Tuesdays & Thursdays
11:30 a.m. - 12:30p.m.

NEW CLASS!

\$12 per drop-in

or

\$40 monthly pass

Low impact exercise
for all ages. Tuesday class
is Tai Chi Flow (more
advanced) and Thursday
class is for beginners



*The Senior Multi-Use
Center will be closed
Wednesday, November
11, in observance of
Veterans Day and
Thursday & Friday,
November 26 & 27, for
the Thanksgiving
holiday.*



ANNUAL SENIOR CLUB HOLIDAY LUNCHEON TICKETS ON SALE NOW!

Lunch served at 11:30 am
\$25 per Club member;
\$30 per non-Club
member.

READI-RIDE HOLIDAY LIGHTS TOUR

Friday, December 18
At 6:00 pm
\$2 per rider

Sign-up at the Senior
Center by
Monday, December 7

SENIOR CENTER CLOSED FOR ACTIVITIES ON TUESDAY, NOVEMBER 3

The Senior/Multi-Use
Center will be closed for
activities on Tuesday,
November 3, as it will
be used as a curbside and
in-person polling place.

Join us and enjoy a
catered lunch and an
afternoon of holiday
cheer. There will be
afternoon entertainment
so please come join us.

Tickets are available now
through Wednesday,
November 25.
See page 9 for details.

DIXON SENIOR CLUB INFORMATION

SING-A-LONG GROUP

NO CLASSES IN NOVEMBER

*Will resume on 1st & 3rd
Thursdays in December*

SENIOR CLUB DUES ARE DUE IN JANUARY

Annual dues are \$15 per person and are due each January. Members who have not renewed their membership by March 31 will be asked to pay \$17.



If you're a returning member, please update your phone number, address, email, and **emergency contact** with us so we can update our membership directory. Membership information will **ONLY** be used by the Dixon Senior Club and not given to any third party.



Disaster Preparedness

November 4
11:45 am to 1:30pm

Dixon Family Services and **United Way** are hosting this important community **meeting at the Senior/Multi-Use Center** in English & Spanish



CHAIR YOGA CLASS

Mondays & Wednesdays
10:30 - 11:30 a.m.

First Class is FREE
10 Class Pass - \$95
5 Class Pass - \$50

Passes do not expire and can be purchased at class. The instructor is Yae Kuroda. Participants may sit in a chair or stand.



CALLING ALL SENIORS!

We are looking for people who may be interested in starting a class or group at the Senior Center. Anyone interested in teaching a cooking class, starting a group that plays card games, or have ideas about other activities, please stop by the Senior Center

DROP-IN SENIOR TECHNOLOGY HELP & LIBRARY SERVICES

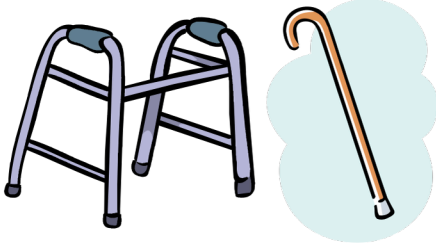
November 17
1PM-2:30PM

Bring in your device and get Tech help at the Dixon Senior/Multi-Use Center

Offered 2nd Tuesday of each month



MEDICAL EQUIPMENT



Some medical equipment is available at the Center for free rental. We have canes, walkers, shower seats, and other equipment that may be used by Dixon seniors. Call 678-7022 for more information or equipment availability.

SOCIAL SECURITY

Most inquiries and many problems can be handled over the phone by calling 1-800-SSA-1213, toll free, 7:00 a.m.-7:00p.m.



Dixon Read-Ride

Call 678-5020

Rides within Dixon city limits.

Operates Monday-Friday
7 AM to 5 PM.
(Excluding major holidays).

Senior (62 and older)
and disabled
passenger fares:
Single ride is \$2.25.
Day pass is \$4.50.

Discounted tickets
for seniors
riding to and
from the Center
are available at the
Senior/Multi-Use Center.

GOLDEN PASS PROGRAM

Dixon Seniors Age 80 & up can receive a Golden Pass for a free ride for local trips only. All rides must be within City limits and can happen anytime. Read-Ride is available and open. For more information contact Dixon Read-Ride at 678-5020 or 678-7442.

MEALS ON WHEELS OF SOLANO COUNTY



Meals on Wheels offers home delivered meals to Seniors age 60 & older. Deliveries are made Wednesday & Friday 10:00 a.m. - 1:00 p.m. For more information call 707-425-0638.

CONGREGATE DINING IS BACK AT THE SENIOR CENTER!

We are excited to work with **Innovative Health Solutions** to provide healthy & nutritious lunches at the Senior Center **at 11:30am every Tuesday & Thursday**

Sign-up by calling **(707) 684-4376** so proper portions are cooked. There is a suggested donation of \$4 per meal

ONGOING ACTIVITIES

BINGO

Mondays & Fridays
at 12 noon

The cost is a nickel per card, per game and all adults are welcome.



LINE DANCING CLASS

Tuesdays & Thursdays
at 9am

Join this fun class anytime! Learn steps and dance to a variety of music all while getting exercise.



BUSY BEE'S SEWING & CRAFTS CIRCLE

MONDAYS
10:00am to 12:00pm
Sew, Craft and Chat!



THE OUT TO LUNCH BUNCH

will be going to

Bud's

on Friday, November 13.
Please meet us there at 10:45 am or catch a ride with Read-Ride from the Senior Center at 10:30 am. A sign up sheet is located on the bulletin board at the Center.



The pools are closed for the season starting October 5. We will resume in the spring.

NOVEMBER BIRTHDAYS

Daniel Ferrick (6)
Carol Marshall (8)
Arati Amety (16)
Garry King (18)
Angela Remides (20)
Kathleen Mocom (21)
Carola Cantrall (22)
Deborah Coffelt (26)
Doreen Weber (27)

Numbers in () signify birthday day.



PUZZLE & BOOK LIBRARY

We have lots of books & puzzles in the Library/TV Room. Please feel free to borrow puzzles and keep them or donate them. We are running out of room to store new puzzles.



Bienvenido

GRUPO HISPANICO
(HISPANIC GROUP)

Wednesdays at 10 am.

Talk about current events, play Loteria, and just enjoy the company of friends.



GENTLE EXERCISE
FITNESS CLASS

Tuesdays & Thursdays

10:30-11:30 a.m.

First Class is FREE

10 Class Pass - \$95

5 Class Pass - \$50

Low impact sitting and standing workouts.



DAYLIGHT SAVINGS TIME
ENDS REMEMBER TO
FALL BACK

Turn your clocks back one hour before you go to bed on Saturday, October 31.



CALLING ALL SENIORS!

We are looking for people who may be interested in starting a class or group at the Senior Center. Anyone interested in teaching a cooking class, starting a group that plays card games, can lead a class, or have ideas about other activities, please stop by the Senior Center



CHRISTMAS CANDY
BINGO

Monday, December 21
At 12 noon

Bring a bag of your favorite Christmas candies. **Candies must be individually wrapped.**

Chocolate kisses, peanut buttercups, rolos, mini chocolate bars and peppermints are all ideas. The winner of each game wins the money pot and the candy pot.

More info next month.

BUNCO

Tuesday, November 17
10:00 a.m.

\$2 per person

Please call the office or stop by the Senior Center to sign up.





DROP-IN **INDOOR PICKLEBALL**

All ages welcome. Adults must accompany children under 14 yrs.
Appropriate athletic shoes are required.
Paddles and balls provided.

9AM-1PM
SUNDAYS

NOV. 8TH 2026 TO
MAR. 14TH 2027



\$5/AT/THE
DOOR



John Knight Middle School
455 E A St, Dixon, CA 95620

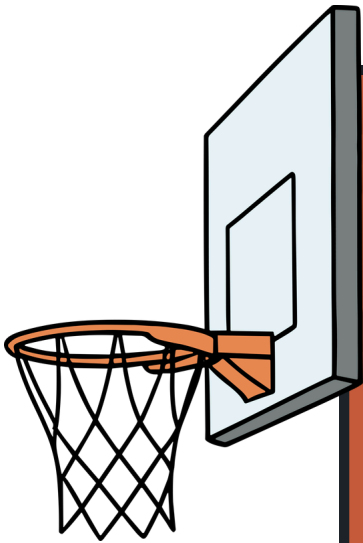
Questions?
dixonrecreation@cityofdixonca.gov
(707)-678-7022

DROP-IN **INDOOR** **BASKETBALL**

All ages welcome. Adults must accompany children under 14 yrs.

Appropriate athletic shoes are required.

Basketballs are provided .



SUNDAYS **1PM- 3PM**

NOV. 8TH
2026 TO
MAR. 14TH
2027



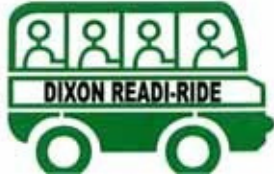
John Knight Middle School
455 E A St, Dixon, CA 95620

Questions?
dixonrecreation@cityofdixonca.gov
(707)-678-7022

Holiday Lights Tour for Seniors

Friday, December 18, 2026

at 6:00p.m.
\$2 per person



Get together with friends for an old fashioned drive past the City's fantastic display of holiday lights.

Cost \$2 per person

Readi-Ride will pick you up, take you on the tour as well as back to your residence!

LIMITED SEATING! SIGN-UP EARLY

To sign up, please call the Senior/Multi-Use Center at 678-7022 by Monday, December 7th.

Be sure to leave your phone number so Readi-Ride can call you to make arrangements for your pick-up. Hosted by the City of Dixon's Senior Multi-Use Center and Dixon Read-Ride.



DIXON SENIOR CLUB'S ANNUAL



Holiday Luncheon

JOIN US FOR A DAY OF SPECTACULAR CHEER.
ENJOY A TRADITIONAL CATERED LUNCH
AND ENTERTAINMENT.

- Friday, December 11, 2026
at the Senior/Multi-Use Center

11:00 AM DOORS OPEN

11:30 AM LUNCH SERVED

12:00 PM ENTERTAINMENT BEGINS

**THE AFTERNOON'S ENTERTAINMENT WILL
BE EXCITING SO COME CHECK IT OUT**

- \$25 PER PERSON FOR MEMBERS
\$30 PER PERSON FOR NON-MEMBERS

PURCHASE TICKETS BY **WEDNESDAY,
NOVEMBER 25** AT THE SENIOR/MULTI-USE
CENTER.

TICKETS MUST BE PURCHASED IN
ADVANCE, TICKETS WILL NOT BE
SOLD AT THE DOOR.

See you there!

Senior Activities - November 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						Turn your clocks back tonight! 
1	2 Busy Bee's Crafts Chair Yoga Bingo Pickleball	3 	4 Grupo Hispanico Chair Yoga Disaster Preparedness Pickleball	5 Line Dancing Gentle Exercise Tai Chi Lunch 11:30a	6 Bingo	7
8 Drop-In Pickleball Drop-In Basketball	9 Busy Bee's Crafts Chair Yoga Bingo Pickleball	10 Line Dancing Senior Club Meeting Gentle Exercise Tai Chi Flow Tech Help Lunch 11:30a	11 HOLIDAY Center is closed. 	12 Line Dancing Gentle Exercise Tai Chi Lunch 11:30a	13 Out to Lunch Bunch Bud's Bingo	14
15 Drop-In Pickleball Drop-In Basketball	16 Busy Bee's Crafts Chair Yoga Bingo Pickleball	17 Line Dancing Gentle Exercise Tai Chi Flow Bunco Lunch 11:30a	18 Grupo Hispanico Chair Yoga Pickleball	19 Line Dancing Gentle Exercise Tai Chi Lunch 11:30a	20 Bingo	21
22/29 Drop-In Pickleball Drop-In Basketball	23/30 Busy Bee's Crafts Chair Yoga Bingo Pickleball	24 Line Dancing Gentle Exercise Tai Chi Flow Lunch 11:30a	25 Grupo Hispanico Chair Yoga Pickleball	26 HOLIDAY Center is closed.	27 HOLIDAY Center is closed.	28